



Contemplative Outreach Ireland

Silence Solitude Simplicity Service

www.coi.ie

Weekend Centering Prayer Retreat

At

**Jesuit Spirituality Centre,
Manresa, Dublin 3**

8th-10th May 2020

Give yourself the gift of a weekend of quiet time-out in surroundings and community that will enable you to better receive the gift of Christ's presence and action in your life. Join us for contemplative prayer, stillness, solitude and reflection in the peaceful surroundings of Manresa Retreat Centre

This retreat is suitable for anyone who is interested in Centering Prayer as a way of prayer. During the weekend we will be showing Fr Thomas Keating's Spiritual Journey Series DVDs

Cost: Full Residential €180-
Non-residential €100-

Bookings/ Registration; Contact Kathleen: 00353 876017709

Email: contemplativeoutreachireland@gmail.com