

## Fr Thomas says on ‘the meaning of Life’



*“In the Christian perspective the three relationships within the Holy Trinity are **continually giving away all that they** are to each other within their absolute unity.*

*When one of these infinite relationships **enters the human species** as a member, as in the teaching of the Incarnation, which we celebrate at this time of year, **God is united with all humanity**, past, present, and to come.*

***In the Trinity** the total surrender of all that each of the three relationships is, is infinitely and eternally delightful.*

***In human beings**, because of our false selves and egos, giving ourselves away to God and others is often the cause of enormous suffering whether of body, soul, or spirit.*

*Strongly attached to our idea of ourselves in ways that are self-centered and self-serving, we do not know how to experience **the freedom and joy of giving ourselves away completely to God** and to serving others for God’s sake, especially with regard to those in deepest need.”*

**Let us ask God for the Grace during this season to “let go”, to give ourselves completely to God, as Fr Thomas did.**

**Wishing you Peace for Advent, Christmas and beyond.....**